



Vegan Slow Cooker Cookbook: 100 Tasty Vegan Slow Cooker Recipes for Life Long Health (Paperback)

By Jessica Brooks

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Transform your health with this bumper collection of vegan slow cooker recipes! Get a FREE ebook with this guide if you are looking for original, delicious and health vegan slow cooker recipes, this is the perfect book for you. I will guide you step by step through the process of creating over 100 vitamin packed meals. The vegan diet comes with huge health benefits. Ranging from reducing your risk of developing all cancer types to preventing the onset of heart disease. You will feel more energetic, motivated and vitalized. You will lose visible amounts of fat in just weeks! Why? The vegan diet is just so full of nutritious foods it s impossible not to feel amazing whilst on it. Loaded with vitamins, nutrients and all the other wonderful micronutrients, the vegan foods are health powerhouses. This cookbook will prove to anyone that vegan meals can be just as varied and exciting as any other diet! Here is exactly what you will find in this book The health benefits of the vegan diet16 energizing breakfast...



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