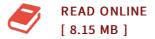




Stained Glass Animals: 50 Simple Animal Windows to Test Your Coloring and Shading Skills (Paperback)

By Audrey Wingate

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 280 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.People say that coloring books for sdults have to contain complex outlines, to distinguish them from coloring books made for children. However, this is not the case and, in this coloring book, you will find some relatively simple stained glass window animal outlines, which you might find surprisingly difficult. The skill here lies in not just using choosing the right colors to build a picture, but in using gradients and shading across each window to capture the effect of light shining through a stained glass window. Shading, with both pencils and an eraser, is not as easy as you might think. Why has adult coloring so popular today? Coloring Reduces Stress And AnxietyPsychiatrists have long recognized the fact that coloring relaxes the fear center of the brain and permits your mind to rest. Indeed the founder of analytical psychology, Carl Jung, gave his patients mandalas to color over 100 years ago. In today s hectic world the stress reducing properties of coloring are probably more valuable than they have ever been. Coloring Trains Your Brain To Focus Staying inside...



Reviews

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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Mark Smith (illustrator). 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****. A #1 Best Selling Children s Book Is Now A Coloring Book! Parents and...



THE Key to My Children Series: Evan s Eyebrows Say Yes (Paperback)

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about a three year old little boy who...



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Purdue University Press, United States, 2014. Hardback. Book Condition: New. 284 x 216 mm. Language: English . Brand New Book. This nonfiction picture book is a children s version of NASA astronaut Jerry L. Ross s autobiography, Spacewalker: My Journey in Space...