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## How to Grow Your Food

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By Jon Clift, Amanda Cuthbert

Paperback. Book Condition: New. Not Signed; Perplexed by potatoes? Baffled by beans? Confused by courgettes? Home-grown food means fresh, organic, tasty meals; less money spent in the supermarket; a lower carbon footprint and, best of all, fun! But how do you do it? If you've never opened a seed packet before and want to grow your food but don't know where to start, this book is for you. It gives advice on everything from planting seeds to harvesting your crops and dealing with problems - and it doesn't matter whether you have a whole garden or just a patio, a balcony or a windowsill. How to Grow Your Food features a range of vegetables, fruit and herbs that are easy for the beginner to grow. [Click here to a sample preview. book.](#)



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