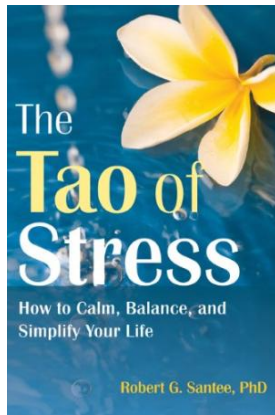


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# TAO OF STRESS: HOW TO CALM, BALANCE, AND SIMPLIFY YOUR LIFE



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