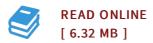# Everything" Health Guide to Living with Breast Cancer

By Lucia Giuggio Carvalho, James A. Stewart

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, "Everything" Health Guide to Living with Breast Cancer, Lucia Giuggio Carvalho, James A. Stewart, The diagnosis of breast cancer challenges a woman's sense of self, her body image, and ultimately her own mortality. In this health guide, breast cancer survivor and nurse Lucia Giuggio Carvalho provides a basic overview of breast cancer, its biology, psychology, and treatment options. This comprehensive approach to facing breast cancer covers:Physical changes that occur with treatment, such as hair loss, early menopause, fatigue, sexuality, and weight gain/loss Treatment options, including surgery, chemotherapy, clinical trials, radiation, hormonal therapies, and reconstructive surgerySupport systems, medical insurance coverage, and financial considerationsComplimentary alternative medicine choices, and moreThe breast cancer journey is not about doing everything right for the right outcome. This book shows you the importance of living life to the fullest in each stage of breast cancer treatment and to find from within yourself the strength, courage, and spirit to survive it.

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