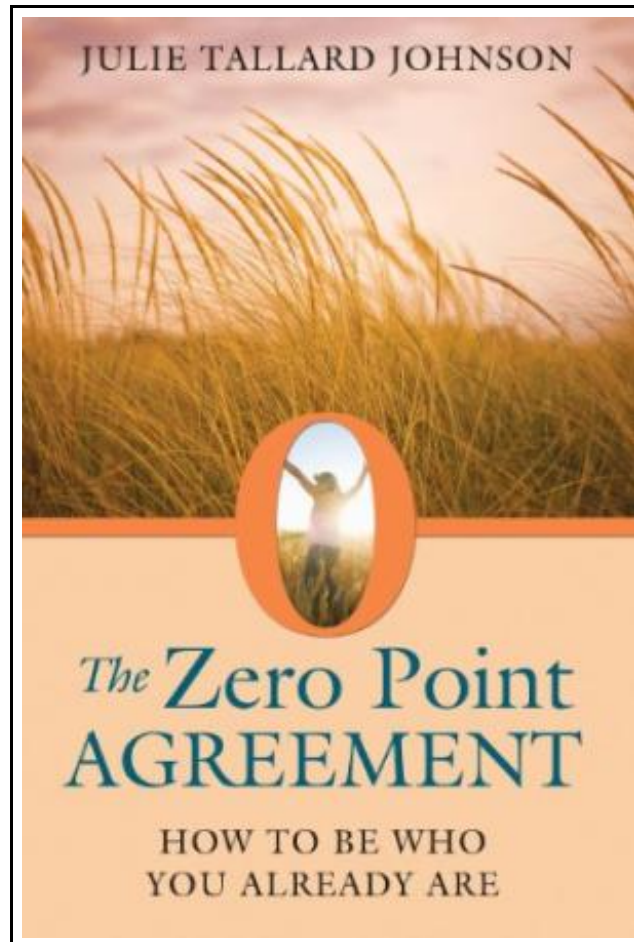


The Zero Point Agreement: How to be Who You Already are



Filesize: 3.4 MB

Reviews

*Most of these publication is the greatest publication offered. It is actually rally intriguing through reading period of time. You can expect to like just how the article writer create this publication.
(Eddie Schuppe)*

THE ZERO POINT AGREEMENT: HOW TO BE WHO YOU ALREADY ARE



Inner Traditions Bear and Company. Paperback. Book Condition: new. BRAND NEW, The Zero Point Agreement: How to be Who You Already are, Julie Tallard Johnson, Everyone wants to experience purpose and inspiration in their lives, but the search for meaning often leaves a seeker in the hands of fate. Offering a different approach to self-discovery, one where we create our meaning from within rather than seek it from the outside world, Julie Tallard Johnson shows there is a science behind personal spiritual experiences and creativity. She reveals simple evidence-based methods that can be applied to any situation to generate enthusiasm, inspiration, and direct spiritual experience and transform the inner and outer landscapes of your life. Drawing from the Heart Sutra, the I Ching, indigenous wisdom, and the teachings of the Dalai Lama, Joseph Campbell, and the Kadampa master Atisha, Johnson outlines a practice centered on what she calls the Zero Point Agreement--the realization that you are the zero point of your life, that life's purpose comes from within. She explains how to discover who you truly are by naming what you want to be and taking steps to make it a reality. Providing 11 core principles for the Zero Point Agreement as well as thought exercises, meditations, and journaling practices, Johnson shows how to break free from negative habitual states, liberate yourself from your attachment to the behaviors of others, take full responsibility for motivation and effort, express gratitude, focus your intention, and learn to co-create with the natural world. She also explores how to transform repressed material and how to apply the Zero Point Agreement to heal both personal and global relationships. Revealing how we can tap in to the creative, creational power that lies within and around each of us, Johnson offers a spiritual technology for self-illumination, creative...



[Read The Zero Point Agreement: How to be Who You Already are Online](#)



[Download PDF The Zero Point Agreement: How to be Who You Already are](#)

See Also



It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em

HarperCollins Publishers. Paperback. Book Condition: new. BRAND NEW, It's Just a Date: How to Get 'em, How to Read 'em, and How to Rock 'em, Greg Behrendt, Amiira Ruotola-Behrendt, A fabulous new guide to dating...

[Read Document »](#)



Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How...

[Read Document »](#)



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

[Read Document »](#)



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

[Read Document »](#)



Dom's Dragon - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Dom's Dragon - Read it Yourself with Ladybird: Level 2, Mandy Ross, One day, Dom finds a little red egg and soon he is the owner...

[Read Document »](#)

**The Well-Trained Mind: A Guide to Classical Education at Home (Hardback)**

WW Norton Co, United States, 2016. Hardback. Book Condition: New. 4th Revised edition. 244 x 165 mm. Language: English . Brand New Book. The Well-Trained Mind will instruct you, step by step, on how to

[Download Book »](#)

**Talking Digital: A Parent s Guide for Teaching Kids to Share Smart and Stay Safe Online (Paperback)**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book. It is time for the digital talk. Today, kids are growing up in a wired world. Their

[Download Book »](#)

**Found around the world : pay attention to safety(Chinese Edition)**

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date :2013-04-01 Pages: 24 Publisher: Popular Science Press How to ensure online

[Download Book »](#)

**Kindle Fire Tips And Tricks How To Unlock The True Power Inside Your Kindle Fire**

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 9.0in. x 6.0in. x 0.1in.Still finding it getting your way around your Kindle Fire Wish you had

[Download Book »](#)

**No Friends?: How to Make Friends Fast and Keep Them (Paperback)**

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Do You Have NO Friends? Are you tired of not having any

[Download Book »](#)